



www.clarmaindental.com

# CLARMAIN DENTAL

Patient Newsletter

Fall 2007

## Welcome To Our "Renewed" Office



Clarmain has undergone a few changes both in the clinical and reception areas. We have a new children's area, internet area for clients and a private consultation room.

Thank you to those who coped with the dust and the workmen. We are pleased to be given the privilege of caring for your family, colleagues and friends. We look forward to greeting you soon!

## Digital Radiography

X-ray radiographs are a very necessary and valuable dental diagnostic tool.

They are used in dentistry to diagnose a number of dental diseases, which cannot be seen by the human eye. The most common reason for dental radiographs is to diagnose dental caries or cavities between teeth and under older fillings, as well as the development of unerupted teeth especially wisdom teeth.

Radiographs can show many other problems such as bone loss that occurs in periodontal disease, areas of infection or cysts within the bone. These and many other conditions can be shown with the use of dental x-rays.

The way x-rays work is by placing a film on the side of the tooth or bone and the film is exposed to radiation from the other side. The film is then processed using photographic developing chemicals. Once processed the film is then viewed against a light source. X-ray films show "shadows". The harder the material, the lighter the image, the softer it is

the darker the image. Dental professionals have extensive training in dental radiography diagnosis and so are able to better determine the health of the teeth, and bone structure.

At Clarmain Dental, we have advanced to the use of digital technology. In digital radiography, instead of using film, we now use a computer sensor. The sensor is placed in the mouth then exposed to radiation. Because digital sensors are very sensitive they require much less x-ray exposure than conventional film. In some cases a reduction of 90% x-ray exposure can be achieved.

The x-ray image can be viewed instantly on a monitor from any computer in the office. There are no chemicals involved. Digital images can be enlarged, and also contrast and detail enhanced using computer technology. With conventional film, enlarging and enhancement is not possible. With digital radiation we can show you what we see on a computer screen. The image can be emailed to specialists or insurance companies instantly over the Internet.

As you can see there are many advantages for you with the use of digital x-ray technology. Not using film and chemicals is beneficial for the environment. There is significant reduction of radiation, which is better for you. We at Clarmain Dental Centre are committed to providing you the best dental treatment with new proven state of the art technology.

## Who Am I ?

- She is quite a lady who welcomed everyone with a warm smile.
- She listened to everyone with kindness.
- She will be greatly missed.

## Welcome Maureen!

We welcome Maureen Scime to our reception staff. Maureen has brought with her over 30 years of dental experience. She is a great addition to our office.

## Gift Ideas

Pre-order your Braun brushes early to ensure delivery by mid December. Supplies are limited. As a courtesy to our clients we do have selected dental care products available.

The Clarmain Staff wishes all our patients, family and friends, a very Merry Christmas and a Happy New Year!



## Teeth Whitening Special

We are pleased to offer you Zoom for a special fee of \$649 (regular \$750) and our Nite White System for \$279 (regular \$350). This service will be offered to our patients from November 15 until January 15.

Gift certificates are available during the holiday season and throughout the year!

## Mouth Guards

We can design and construct a custom-fitted mouthguard. Since mouthguards can tear or wear out, be sure to replace it after each sporting season. Talk to us about preserving that all-star smile today!



### Our Mystery Person

Congratulations to Kris Michael who is now a lady of leisure as she commences her retirement from the working world. You will be missed!

## Tooth Truths

Research shows that smokers will lose more teeth over their lifetime than nonsmokers. This is due to the fact that tobacco use is one of the most significant risk factors for periodontal disease. Tobacco use decreases the blood flow in the gums; it increases the amount of tartar formation and contributes to bone and tissue loss. In addition smokers don't respond as well to periodontal treatment however these effects are reversible if the smokers kick the habit prior to treatment. Other associated problems with smoking include; oral cancer, bad breath, stained teeth, loss of taste, facial wrinkling and many health problems.

## Share A Smile

Over the holiday season we will have a donation box available for anyone wishing to make a donation to Healthy Smiles For Haiti. Your loonie donation will purchase enough anaesthetic for one person in Haiti. One hundred percent of your donation will be used to purchase dental supplies which Georgina will deliver during her next trip. Thank you for your generosity!



Georgina continues to support the people of Haiti in the field of preventative dental care. Please have a look at [www.healthysmilesforhaiti.org](http://www.healthysmilesforhaiti.org) for the latest news, where through The Burlington North Rotary Club, a new dental clinic was recently equipped.

### Clarmain Staff:

Dr. Peter Clark Dr. Vipan Maini Dr. Opie Chari

Hygiene Team: Cathy, Molly, Lillian, Teresa, Laura

Clinical Team: Anne Marie, Georgina, Tanya

Reception Team: Barb, Dawn Marie, Giulia, Maureen, Shelley

### New Patients are always welcome



Please contact us at:

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### Clarmain Dental Centre Web Site:

Please visit our web site for information valuable to all your friends and family.

[www.clarmaindental.com](http://www.clarmaindental.com)